Adult Carers – Wellbeing Navigator
Salary £25,363 per annum

Did you know that there may be over 20,000 Sutton residents who care, unpaid, for a family member or friend who is sick or disabled due to a physical, mental health or substance misuse issue? Sutton Carers Centre works in partnership to help improve and maintain the quality of life for these Young and Adult Carers living and/or working in the London Borough of Sutton.

As a partner in Sutton ‘Uplift’, Sutton Carers Centre is working alongside the lead partner, South West London & St Georges NHS Mental Health Trust, to deliver a range of services aimed at supporting anyone with a mental health or wellbeing need in the London Borough of Sutton.

We are seeking a Carers Wellbeing Navigator who will be based within the Wellbeing Team at Sutton Uplift, and who will lead on providing practical and emotional support to Carers and those who may otherwise not access mental health services.

You will have experience of working with people who have experienced poor mental health, with values based on recognising the unique strengths and abilities of individuals and families. You will be helping to build capacity and resilience within families and communities, offering support tailored to individuals to help improve their wellbeing.

Excellent organisational skills and the ability to prioritise conflicting demands on your workload, whilst working in a fast-paced, constantly-changing environment, are key components of this role. You will need to be flexible to the needs of Carers as well as the organisation, travelling between sites and occasional working outside normal office hours.

Sutton Carers Centre is committed to safeguarding and promoting the welfare of adults and children, and expects all staff to share this commitment. This post is subject to a satisfactory enhanced DBS and other appropriate checks.

We value the diversity of our teams and are looking for talented people from all backgrounds and differing abilities to join us. We particularly encourage people who are black, from minority ethnic groups or refugee groups, and colleagues from LGBTQ+ communities, to apply. Men are currently under-represented in our services, as well. We also seek applicants with personal caring experience as well as welcoming applications from people with lived experience of mental health issues.

Closing Date for applications: We intend to keep applications open until Monday 7th December. However, we will close the applications early, if an appointable candidate applies before this date.

Date of Interviews: We will be interviewing suitable candidates as applications are received with plans to appoint as soon as a suitable candidate is identified.

For more information, please contact Mandy Dennelly on 020 8296 5611 or email mandy@suttoncarerscentre.org

To download an application pack, please visit our website, https://www.suttoncarerscentre.org/work-with-us, or go to https://www.charityjob.co.uk